



INTERACT CLUB / SUGGESTED COMMUNITY PROJECTS

- Sponsor a graffiti clean-up project within your city. Go to stores and get paintbrushes and paints donated. Get your parents involved. Pick a weekend day or days and get the job done. Clear with appropriate authorities first.
- Decorate homeless soup kitchens, hospitals, convalescent homes and rest homes at Thanksgiving time. Make decorations. Mix and meet with patients.
- Do Christmas caroling in hospitals, convalescent homes, etc. Mix and meet with patients. Take small bags of candy and homemade cookies for gifts.
- Adopt a street, park or highway to clean up and keep looking nice.
- Develop pen pals in rest homes or convalescent hospitals.
- Make up food baskets with small gifts (used clothing, etc.) and deliver to a needy family at any time of year – not just during holidays.
- Develop an alcohol and drug awareness program. Give presentations at junior highs and elementary schools.
- Design and build a playground for homeless children – or find one and fix it up.
- Develop an AIDS awareness program for the community. Do posters and deliver handouts. Have t-shirts printed and sell at small profits. Wear t-shirts while promoting awareness program.
- Volunteer to do set-up, clean up or hand out flyers for worthwhile community projects – cancer fund drive, blood drive, etc.
- Used Toy Collection Program for Christmas time - Set up bins at your school and stores. Get students at school, parents and Rotarians to collect and donate. Get advertising donated from newspapers, radio and local TV.
- Tree Planting Project for City - Get trees donated from local nurseries.
- Assist your sponsoring Rotary club with any of the many projects they do.
- If you have churches that serve food for the homeless, volunteer your time to help.
- Many cities or towns have volunteer days to help beautify, clean up, or plant trees, etc. Volunteer your time to help.
- Get donations from stores in your community and put together food baskets at Christmas time or find out what groups are collecting food and making baskets. Volunteer your time to help them out at their location.
- Adopt A Senior Citizen Program – Pick up, take to movies, take for walks, help with gardening at their homes, or just visit and talk, etc.
- Senior Citizen Prom Night – Get local disc jockey to donate time, get city to donate hall, businesses to donate decorations, your club make punch, cookies and brownies. Contact Social Services to help. You will need a way to determine in advance how many seniors will be coming.

- Adopt a Rain Forest – Raise funds and donate.
- Develop a program to work with the Red Cross.
- Promote and sponsor a beach clean up with other Interact clubs in your area.
- Develop an 'Adopt A Pet' program. Work with your local animal shelter.
- Volunteer to work at your local soup kitchen.
- Adopt a homeless family. Help them with food, clothing, etc.
- Work with your local Chamber of Commerce on various community projects.
- Start an elementary school clean up program – get elementary school students to help.
- Help Salvation Army by ringing bells and bagging flowers.
- Find A Teddy Program – Collect new teddy bears and other new stuffed animals from department stores and give to local fire department for distribution.
- Develop a financial scholarship program through your school or church.
- Pick a child in a foreign country to support.
- Develop an AIDS Symposium for students and local community. Speakers on medical problems, Social Service speakers on AIDS, AIDS patients themselves and their problems, nurses on how to handle AIDS patients, etc. Have refreshments donated by local businesses. Four to six hour program.
- Speak at elementary school 5th and 6th grades on peer pressure problems when entering junior high school.
- Get assistance from local fire department and set up a 'Fire Prevention Booth' at a school activity or fair. Pass out Fire Safety flyers during Fire Safety week.
- Club members volunteer at local fire and/or police department.
- Set up an Easter egg hunt at an elementary school.
- Volunteer and work with Red Cross for Disaster Preparedness at elementary schools.
- Volunteer help for flood repair or other disaster.
- Purchase talking watches (ask for discount at Radio Shack) and distribute them to the blind and near-blind.
- Neighbor In Need Program – Adopt an elderly neighbor and help with gardening, house repair and/or house cleaning.
- Put on a 'Bicycle Rodeo' to enhance and promote safety in bicycle riding.
- Have club participate in 'Ride Along' programs with local police and fire departments.
- Purchase (at a discount if possible) and supply needy families with First Aid kits.

- Let Community Social Services know that your club is ready to volunteer for various jobs that your community needs.
- After proper training, help teach First Aid and CPR at elementary and/or junior high schools.
- Paint and repair bus stops after rainy season or bad storms.
- House cleaning for shut-ins or elderly.
- Put on a talent show at a rehabilitation center or senior center.
- Help run blood drives with your local blood bank.
- Create hand-made Christmas cards with cheery sayings signed by club members and delivered to convalescent homes.
- Set up Bingo games at convalescent homes and/or senior centers. Homemade cookies for prizes.
- Assist with Youth League Baseball for handicapped children.
- Plastics clean up and recycle program on National Clean-Up Day.
- Volunteer to work on wheelchair access for your beach areas.
- Promote an elementary school drawing contest – winners to Rotary meeting.
- Have a Library Day – Club members help in local library.
- Help elementary school children write letters to Santa.
- Volunteer to work at Career Fairs – Support your local community.

- Special thanks to Gerry Gillespie for compiling this list over many years for Interact